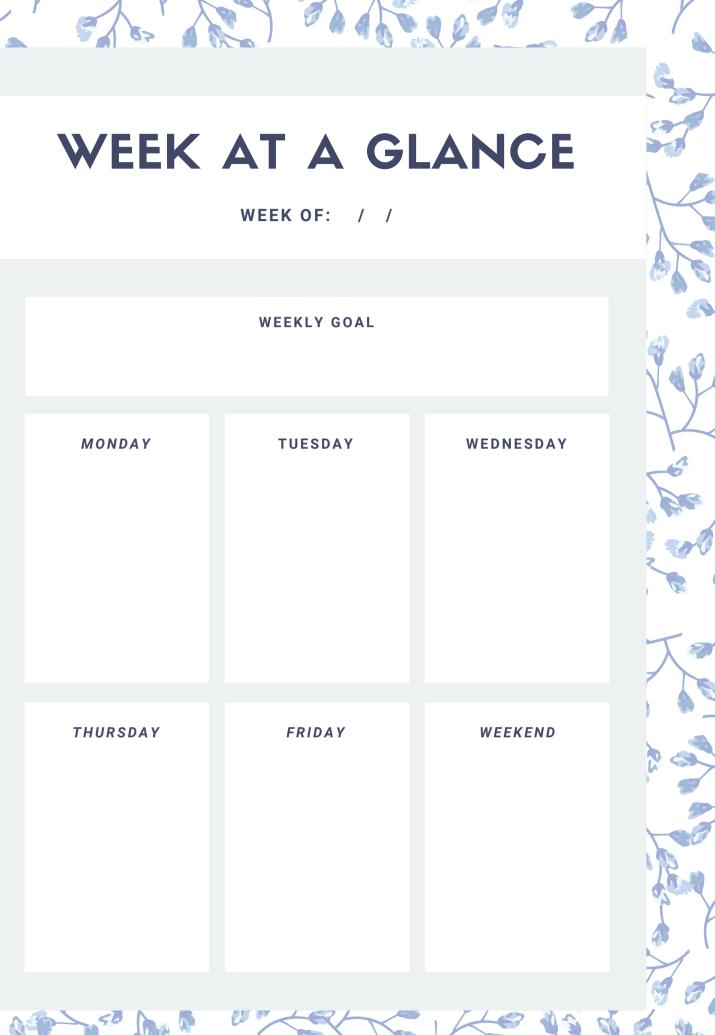
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DAILY SCHEDULE

1st Priority:

Date:

TO DO LIST:

TIME	ACTIVITY
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
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3:00	
4:00	
5:00	
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GOALS	
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Goal 1:	Goal 2:						
		Inter	itions for the	Week			
		Orç	ganize Your V	/eek			
Mon	Tue	Wed	Thu	Fri	Sat	Sun	
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			Notes				

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YEARLY GOAL MAP

January	February	March
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0	0	0
0	0	0
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April	Мау	June
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July	August	September
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October	November	December
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GOAL PLANNING WORKSHEET

				A ()
GOAL:				
			WILL	START:
			WILL	FINISH:
THINGS NE	EDED	KNO	W MY "WHY"	

MINI GOAL	
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DUE DATE		REWARD
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MILESTONES

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PRIORITY PLANNING

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DATE:

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INSTRUCTIONS:

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STEP 1: BRAINSTORM PRIORITIES FOR EACH CATEGORY.

STEP 2: NUMBER THEM FROM LEAST IMPORTANT TO MOST IMPORTANT FOR EACH CATEGORY.

STEP 3: LIST YOUR TOP PRIORITY FOR EACH IN THE "TOP PRIORITIES" SECTION TO THE RIGHT.

TOP PRIORITIES

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WORK			

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HEALTH

RELATIONSHIPS	SPIRIT	FUTURE SELF
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